

THE WORLD IN 30 MINUTES

TREES BETWEEN BURNOUT AND RELATIONSHIP STRESS

30' (GER)

The tree is often an underappreciated and underrated living organism. Scientists found out that trees can communicate with each other, that they make friends and that they educate their descendants.

Plus to ensure survival, they warn each other of certain dangers. Urban trees are exposed to a lot of stress factors, because of their enemies: exhaust gases, asphalt and drought. The Max Planck Institute for Chemical Ecology has taken special interest in these organisms and has researched the elaborate defense mechanisms of trees. In the meantime, the natural sciences have acknowledged their healing effects: the Berlin Charité is the first clinic worldwide to simulate a forest in its intensive care unit. Healing power, power source, survivor. The other view of the forest and its humanlike features.

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